



CotS Upward Players Code of Conduct – 3<sup>rd</sup> through 7<sup>th</sup>.  
*To introduce children to Jesus Christ by creating opportunities to serve through sports.*

*PARENTS: Please have your child initial each line below after reviewing with you*

***I accept responsibility as a child of God*** for my behavior on and off the court. I understand that what I do and say affects my teammates and other people either positively or negatively. \_\_\_\_\_

***I lead*** courageously and live with integrity by speaking up against injustice and on behalf of others even when it is hard or unpopular. \_\_\_\_\_

***I act Christ-like***, with respect toward myself and the people and things around me including my parents, my coaches, the referees, my teammates, my opponents, and the spectators. \_\_\_\_\_

***I do not judge people*** according to their race, gender, religion, neighborhood, or abilities. ***I judge people by the content of their character.*** \_\_\_\_\_

***I act with empathy, as a child of God. I try to understand*** what is going on in the hearts and minds of others and what is causing those feelings so that ***I can be supportive and encouraging.*** I ask, "How can I help you?" \_\_\_\_\_

***I serve as a role model*** at all times by talking politely and acting courteously toward coaches, referees, and other Upward leaders, teammates, opponents, and spectators. ***I understand*** that it is a privilege to represent my family and community as an Upward athlete. \_\_\_\_\_

***I give 100% effort*** to practices, games, and events. ***I understand*** that effort demonstrates my commitment to the team and my respect for my coaches and teammates. \_\_\_\_\_

***I display good sportsmanship and exhibit Christ-like behavior. I acknowledge and applaud*** the efforts of others. ***I encourage*** my teammates with positive statements. ***I refrain from boasting*** to my teammates ***and 'trash-talking'*** to members of other teams. ***I behave graciously*** by congratulating my opponents on a game well played. \_\_\_\_\_

Because I am a child of God and represent my family and team, ***I abide*** by the policies, rules and guidelines of my team and coaches and the Upward Basketball League. \_\_\_\_\_

\_\_\_\_\_  
PLAYER - Print Your Name

\_\_\_\_\_  
PARENT OR GUARDIAN - Signature

\_\_\_\_\_  
Date