



## CotS Upward Parents Code of Conduct

To introduce children to Jesus Christ by creating opportunities to serve through sports.

Please initial  
each line below

**I understand and endorse** the purpose of our program: to help boys & girls in their faith journey as they grow to become young men and women of God, with empathy and integrity and who will lead, be responsible, and change the world for good.

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**I support** the coaches by applauding behaviors in my child and his/her teammates that demonstrate Christ-like characteristics of integrity, empathy, sacrifice, and responsibility.

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**I acknowledge and appreciate** every player's faith journey, growth towards maturity, and efforts toward establishing stronger relationships with teammates, coaches, themselves and with God.

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**I will not only affirm athletic performance, but also affirm** my child and his/her teammates when good character, healthy sportsmanship, and other Christ-like behaviors are displayed.

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**I serve** as a role model for our players by speaking politely and acting courteously towards coaches, referees & other Upward volunteer leadership, other parents, visiting team parents, and spectators at practices, games, and meetings. If I disagree with an official's call, I will **Honor the Game** and be silent. **I will be as prompt as possible** dropping my child off and picking my child up from practices and games.

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**I model** good sportsmanship. **I acknowledge and applaud** the efforts of team members and opponents. **I act graciously** by congratulating the members of the opposing team on a game well played. **I support** the team regardless of how much or how little my child plays or how well the team performs. I will engage in **No-Directions Cheering**, limiting my comments during the game to encouraging my child and other players (from both teams).

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**I encourage** my child and his/her teammates with positive statements, even when they make mistakes. At every practice they are growing physically and emotionally. At every practice they are learning moral and ethical lessons. At every practice they are developing character. **I refrain from boasting** about my child's accomplishments.

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When problems or questions arise, I have my child present the problem to the coach. This develops self-advocacy. After meeting with their coach, if the issue requires more clarity, I will contact the coach. I will **refrain from negative comments about my child's coach** in my child's presence so that I do not negatively influence my child's motivation and overall experience.

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Because I am a parent with the power, position, and platform to make a positive difference in the lives of all players, I commit to this code of conduct. When failing to live up to these standards, I will allow for accountability and take responsibility for my actions.

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\_\_\_\_\_  
Print Name

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date